**This week the SKILL I am working on is:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Using my SKILLs!**

**In order to do this SKILL, I will follow these steps:**

**Remind me to use my SKILL by doing this SECRET SIGNAL:**

**Self + Teacher Joint Reflection: How did I do?**

Directions: Circle the number of ☺s!

3 = Used many times (3+!)

2= Used sometimes (2 times)

1= Forgot to Use (1 time)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Monday** | **WHEN?** | **WHO?** | **AM** | **I am proud of . . .** | **This afternoon/tomorrow I will try to . . .** |
|  |  | ☺ ☺ ☺ |  |  |
| **WHEN?** | **WHO?** | **PM** |  |  |
|  |  | ☺ ☺ ☺ |
| **Tuesday** | **WHEN?** | **WHO?** | **AM** |  |  |
|  |  | ☺ ☺ ☺ |
| **WHEN?** | **WHO?** | **PM** |  |  |
|  |  | ☺ ☺ ☺ |
| **Wednesday** | **WHEN?** | **WHO?** | **AM** |  |  |
|  |  | ☺ ☺ ☺ |
| **WHEN?** | **WHO?** | **PM** |  |  |
|  |  | ☺ ☺ ☺ |
| **Thursday** | **WHEN?** | **WHO?** | **AM** |  |  |
|  |  | ☺ ☺ ☺ |
| **WHEN?** | **WHO?** | **PM** |  |  |
|  |  | ☺ ☺ ☺ |
| **Friday** | **WHEN?** | **WHO?** | **AM** |  |  |
|  |  | ☺ ☺ ☺ |
| **WHEN?** | **WHO?** | **PM** |  |  |
|  |  | ☺ ☺ ☺ |

**Last Week’s Total:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ GOAL for THIS Week: \_\_\_\_\_\_\_\_\_\_\_\_**

**SKILL\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Step 1:

Step 2:

Step 3:

Step 4: